



Confirmation Candidate/Sponsor

Faith-Sharing Activities

Due First Fall Class 2021

Confirmation candidates and their sponsors are required to complete three faith-sharing activities. These activities give both the candidate and sponsor an opportunity to discuss our Catholic faith and beliefs; something we may not always have the chance to do.

Complete the following activities together with your sponsor.

Activity 1: “Words of Wisdom.”

*“The teaching of the wise is a fountain of life, that one may avoid the snares of death.”
(Proverbs 13:14)*

Your sponsor is someone who can help guide you on your path to Confirmation. Ideally, they are someone who can share words of wisdom with you based off of their own life experiences. In class, we will talk a lot about what it means to become “the best version of yourself.” Your sponsor is also striving for that goal in their own life.

In this activity, explain to your sponsor what our class means when we talk about becoming “the best version of ourselves.” Then, interview your sponsor about what that phrase means to them and how they have pursued that goal in their own life. Ask them in what ways they have succeeded, and in what ways have they struggled. Make sure to ask them what role the Catholic faith has played in their attempt to become the best version of themselves. Finally ask them what advice they have for you on how you can become the best version of yourself.

Write a reflection in which you share the wisdom your sponsor gave you. How you can apply what they shared with you to your own life in order to become the best version of yourself?

Activity 2: “Sunday Mass”

*“The Sunday celebration of the Lord’s Day and his Eucharist is at the heart of the Church’s life.”
(Catechism of the Catholic Church, 2177.)*

Attend a Sunday Mass together. (Due to Coronavirus restrictions, this can include watching the same livestream together at the same time.)

Work together to answer the following questions and write a reflection including the following information: (1) The date you attended/livestreamed Mass. (2) The name of the Church. (3) The name of the priest who said Mass. (4) What the Gospel was about. (5) The points the Homily made and how they apply to you. (6) How and why does attending Mass help our relationship with God?

Activity 3: “Pilgrimage of Faith”

“Pilgrimages evoke our earthly journey toward heaven and are traditionally very special occasions for renewal in prayer. For pilgrims seeking living water, shrines are special places for living the forms of Christian prayer ‘in Church.’” (Catechism of the Catholic Church, 2691.)

There are two ways you can complete this activity:

Option 1.) Make a pilgrimage with your sponsor to a place or event that is spiritually important to both of you. Examples include the Church at which you were baptized, a Church named after your confirmation saint, a shrine or Church of special importance to you or your sponsor, a Church with special meaning to you, or other Catholic shrines in Michigan (or elsewhere!). You could also go to see a Catholic speaker, etc. If you are unsure whether or not your intended activity constitutes a pilgrimage, contact Mr. Kenny.

Write a reflection that describes where you went and why you went there, what you experienced while you were there, what your sponsor taught you while you were there, and how your pilgrimage affected you and your sponsor.

Option 2.) Create a travel brochure for a dream pilgrimage for you and your sponsor. Research a place in the world related to the Catholic faith you both would love to visit and plan a pilgrimage there.

Your brochure should include pictures of where you are going, descriptions of the places you will visit, a travel itinerary, and your “sales pitch” for why this is a dream pilgrimage. How will this trip impact you and your sponsor, why is it important to go there?

Brochures should be 6 columns total (two-sided, tri-fold.)

Finally write a one-page reflection describing why you chose your pilgrimage, what you learned while planning it, and what you think going on pilgrimage would do for your faith life.

Candidate/Sponsor Faith Sharing Details:

- Complete all three activities with your sponsor.
- Reflections should be 2 pages long unless otherwise noted, double-spaced, written in Times New Roman, 12-point font with 1-inch margins.
- This assignment is due at the first Fall class of 2021.