

## **Featured Story**

Jesus Washes the Disciples' Feet  
(John 13:1–17)

**10**

### **Lesson Goals**

- to describe how Jesus showed us we should serve others
- to recognize some big and small ways we can serve others
- to identify the Concluding Rites as the part of the Mass where we are sent forth to share God's love with others

### **Materials Needed**

- The Catholic Children's Bible
- Chapter 10 activity booklet
- Treasure map
- Stickers
- Journey Book
- Coloring and writing tools
- Glue, tape, scissor
- Large bowl
- Pitcher of water
- Towel
- Basket or jar
- Strips of paper
- Red construction paper

# **We Are Sent Forth To Share Love**

### **Background Focus** (for parents)

Jesus gives us a powerful example by washing the disciples' feet at the Last Supper. This action leaves no question about our role and responsibility to others. Service, outreach, kindness, and charity are all marks of Jesus' followers.

The Concluding Rites in the Mass call us to go forward and be messengers of God's love to the world. Having been nourished by the Word and the Eucharist, we are strengthened to live as we are called to, reaching out and serving others through word and action.

In this lesson, your child will examine ways they can continue Jesus' mission of Good News through acts of love and kindness. As we help them explore how they can live a life of Christian service, we, ourselves, are living out this important call by serving our families and neighbors and sharing God's awesome love with them.

# Go

(10 minutes)

## Opening Prayer

 **Child:** Turn to page 1 in the Chapter 10 activity booklet and locate the prayer on the page.

**Together:** Begin prayer with the Sign of the Cross.

- (Allow about 10 seconds of silence.)
- Read the prayer aloud.
- End with an “Amen” and the Sign of the Cross.

## Engage Activity

 **Child:** What does *kindness* mean? Open your My Journey Book to the next free page.

- In big bold letters, any way you want, write “*Kindness to Me*.”
  - Think of and share examples of times when others have been kind to you.
  - Write those examples all around the heading “*Kindness to Me*.”
- On the next page in your My Journey Book, in big bold letters, any way you want, write “*Kindness to Others*.”
  - Think of and share examples of times when you have been kind to others.
  - Write those examples all around the heading “*Kindness to Me*.”

**Parent:** Let your child know today’s lesson they will learn how we are called to show love and kindness to others.

# Seek (30 minutes)

## Featured Story

-  **Child:** Find **John 13:1-17** in The Catholic Children's Bible.
- Turn the page to the Featured Story on page 1686 and place an "I found it!" sticker on the page.
  - Look at the pictures.
    - What do you see?

**Parent:** Explain the story takes place on the same night as the Last Supper.

-  **Child:** Read the title and the Featured Story on page 1686.

## Understand It!

-  **Child:** Read Understand It! on page 1687.

**Parent:** Ask your child to summarize what they just read and review these key points with them:

- Jesus did a servant's work when he washed the disciples' feet.
- Jesus was showing us we should serve other people.
- Jesus wants us to help without being asked.

**Parent:** Remind your child of the acts of kindness they listed earlier in their My Journey Book.

- Explain all of these are examples of how we can serve others.

## Live It!

-  **Child:** Read Live It! on page 1687.
- Turn to page 2 in the activity booklet to complete the activity.
  - Write down three actions of service you might do for your family members.
  - Write one action in each of the designed boxes in your activity booklet.

**Parent:** Remind your child, there are many different ways that we can serve, or help, people.

## Tell It!

-  **Child:** Look at the images in Tell It! cartoon on page 1687.
- Use the pictures in Tell it! to retell the story in your own words.
  - Use some of the smaller stickers to mark parts of the Featured Story pages that capture your interest.

## Core Learning Activity

### Serving Others

**Materials Needed:**

- Large bowl
- Pitcher of water
- Towel

**Parent:** We are going to do something similar to what Jesus did.

- We are going to pour water on each another's feet and then dry them off as a symbol of our willingness to serve, or be kind to, others.
- Pour a small amount of water on your child's feet, and then use the towel to dry their feet.

 **Child:** Pour a small amount of water on your parent's feet.

- Use the towel to dry their feet.

### Process the Activity

 **Child:** How did it feel to have your feet washed and to wash the feet of another?

**Parent:** Remind your child, Jesus showed us we should not always think of ourselves and what we want but we should think of others and show love and kindness to others through our words and actions.

# Additional Activity Option

## Acts of Kindness (15 minutes)

### Materials Needed:

- Basket or jar
- Strips of paper
- Writing tool

**Together:** Think of small acts of kindness anyone can do on a daily basis, such as smiling, saying hello, opening the door for someone, complimenting someone, etc.

-  **Child:** Write one act of kindness on each strip of paper.
  - Fold the strips of paper and place them in the basket, jar or bowl.
  - Mix up the folded strips of paper.
  - In your My Journey Book, title one page “My Acts of Kindness Challenge.”

**Parent:** Present your child with the challenge to complete an act of kindness by the end of each day for the next week.

-  **Child:** Each morning, for the next week, take a one folded strip of paper from the basket or jar.
  - Complete the act of kindness on the paper by the end of the day.
  - Glue the strip of paper on to the page titled “My Acts of Kindness Challenge.”

## Love One Another (15 minutes)

### Materials Needed:

- Red construction paper
- Scissor
- Writing tool

-  **Child:** Find and read **1 John 4:7–8** in *The Catholic Children’s Bible*.  
This letter was written to a group of Christians by an early follower of Jesus.

- Watch “The Rizers- **1 John 4:7 (Let Us Love One Another)**” (3:23)

<https://www.youtube.com/watch?v=8ealledf2dI>

- Cut out a big heart from the red construction paper.
- Write, “Let us love one another. 1 John 4:7,” on the heart.
- Place the heart in a place where you will see it every day.
- The heart will help you to remember your call to love and serve others.

## **Change the World (15 minutes)**

-  **Child:** Watch “Kid President – How to Change the World (a work in progress)”.  
(3:44)

<https://www.youtube.com/watch?v=4z7gDsSKUmU&list=RD6GJicr8rNJw&index=6>

**Parent:** Talk about what you heard in the video.

- Reinforce, every single person can do something to change the world, no matter how small.

-  **Child:** Think of some things you would like to change in the world.
  - Make a list in your My Journey Book.

**Parent:** Help them to see the connection between global issues, such as war, and the small things they can do that can help:

- pray,
- write letters to political leaders,
- raise money,
- donate to related causes,
- work to be a person of peace in their own actions, etc.

- Local, small acts of love and kindness make a difference. Think of one thing you will do immediately to start changing the world in a positive way.

## **Find (20 minutes)**

### **God’s Treasure of the Eucharist**

-  **Child:** Turn to page 7 in *The Order of the Mass and Key Words* booklet.

**Parent:** Point out the final part of the Mass, the Concluding Rites.

-  **Child:** Read the three parts of the Concluding Rites.

**Parent:** Explain, in the Concluding Rites, the priest blesses us and sends us forth to be Christ for the world.

- After we have received the Eucharist, we are united with Jesus and are called to go out and do good things:
  - Tell others about God’s love,
  - Help people in need,
  - Show kindness to everyone,

- Forgive people when they make a mistake.
- The Eucharist strengthens us to live as God calls us to live:
  - Through the gift of the Sacrament of the Eucharist and all of the sacraments, we become more like Jesus.
  - We join our Christian brothers and sisters in sharing God's love and making a difference in the world through our words and actions.

 **Child:** Turn to page 3 in the activity booklet and complete the activity.

**Parent Note:** This content is presented in a child-friendly way in the *God's Treasure of the Eucharist Student Booklet*. You may wish to have your child read all or parts of Chapter 10 to supplement the lesson. Or use the concluding points under "Things to Remember" to wrap up the lesson before prayer.

## Lesson Wrap-Up

**Parent:** Invite your child to think back over all of the different things discussed in this lesson. Have your child share some of the key things they learned. Ensure the following points are made:

- Jesus showed us that we should serve others.
- We can serve others in many different ways.
- The Concluding Rites occur at the end of the Mass where we are sent forth to share God's love with others.

 **Child:** Place the Chapter 10 sticker in the correct circle on your treasure map.

## Closing Prayer

**Together:** Begin with the Sign of the Cross.  
(Allow about 10 seconds of silence.)

 **Child:** Turn to the **Dismissal** on page 7 in *The Order of the Mass and Key Words* booklet.

**Parent:** Pray the words of the priest.

 **Child:** Pray the assembly's part.

**Together:** Close with a final sign of the Cross.

**Parent:** Before gluing the activity booklet into the journey book, make sure to read over the Family Page.

**Please make sure you keep all your Eucharist Journey  
Memories in your “Journey Book”.**

**(The Eucharist activity book, the activities done for each lesson and  
any other memories you wish to include.)**